

Phylis Mantelli

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Author

Speaker

Podcaster

Coach

Phylis grew up with an alcoholic, narcissistic mother who rarely gave her words of affirmation or encouragement. How do you rebuild self-esteem when all you have seen is chaos? How do you break away from the toxic parent who raised you? With her journey and awakening to a steadfast love of Jesus, she will lead you through her story of breaking through the pain and becoming a daughter who loves her mom unconditionally.

Speaking Topics

"Who do You Think You Are?"

"Who do you think you are. . . little Princess?" Her mother's tone and bitter words were often heard as she grew up in a violent and abusive home. While she always felt a closeness in her heart for something protecting her, she believed God did not love her. As more and more destruction and physical violence surrounded her, the negative words became louder and louder. One single incident would forever change the direction of her life and direct her back to a life of God's calling and purpose. **While words can never be forgotten, they can be forgiven!**

Benefits To The Audience

- Teaching forgiveness through the unloveable
- How to create a loving legacy
- Find good Mama Mentors to walk alongside you
- Tools for journaling and prayer action

Testimonies

"Phylis has a powerful story of forgiveness that will rock your world!"-Athena Dean Holtz, founder of Redemption Press

"Phylis has a tender way with words and a truth-filled message." Missy Linkletter, Arizona

Phylis is.

- Author of "Unmothered-Life With A Mom Who Couldn't Love Me"
- Host of *The UnMothered Podcast*
- Member and Certified Coach with AWSA (Advanced Writers and Speakers Association)
- Certified LINKED® personality coach
- Member of CCC (Christian Communicators Conference)

